

Helpful Kindergarten Hints

Lunches:

If you are packing a lunch box:

- Pack items they can open or include safety scissors.
- Pack a napkin and any utensils necessary
- We eat at noon, make sure their breakfast and lunch is plentiful
- Remember there is only 20 minutes for lunch

If they are buying school lunch:

- Make sure they can spell and pick out their last name
- If you add lunch money through parent portal, it will alert you when account is low.
- If your child has a stamp on their arm, it means they are out of money.

Uniforms:

- Belts– magnetic are MUCH easier and are available in tons of patterns.
- Shoes– if they can't tie, that's OK. Purchase Velcro or stretch ties
- Shorts/Pants– purchase a size a little larger. This will help when they need to tuck in their uniform shirts.
- Jackets– put your child's name with a ball point pen (Sharpie's bleed). Right the name on the tag and add any other identifying feature (small piece of colorful duct tape with name, patterned fabric, etc.)
- Dress uniform shirts (boys)– purchase a little larger. They are not very long and are very hard for their little hands to tuck in.

5 things to help your child this summer:

1. Play:

- non-screen time (the more the better)
- fine motor activities (legos, play dough, cutting, etc.)

2. Chores/Responsibilities:

- One per year old (clearing plates, putting clothes in a hamper, etc.)

3. Play with others:

- Let them lose, share and take turns

4. Practice:

- Establish where homework will be done
- Practice spending time reading together
- Practice getting dressed and opening lunch boxes

5. Enjoy them!!

TEXT THIS MESSAGE: @laakind to the NUMBER: 81010